

If **you** or someone you **care** about needs **help** for

Drugs, Alcohol, Gambling

Call or Text



1-877-8-HOPENY

1-877-846-7369

Text: HOPENY (467369)

There is hope and help.

- All calls and texts are free and confidential
- 24 hours a day, 7 days a week
- Information and referrals from masters-level clinicians



**Office of Alcoholism and
Substance Abuse Services**

Addiction Services for Prevention, Treatment, Recovery

www.oasas.ny.gov

HOPENY