

**PART C - CASAC 350-Hour Certificate Program - - Academic Institutions
Standardized Curriculum Certification
(All information must be typed)**

EDUCATION AND TRAINING PROVIDER NAME:

DEGREE PROGRAM AND/OR CERTIFICATE PROGRAM - - IF DEGREE, PLEASE INDICATE:

ASSOCIATES - Title: _____

BACHELORS – Title: _____

MASTERS – Title: _____

Section I – Knowledge of Alcoholism and Substance Abuse (85 clock hours) – [Must include a minimum of 4 hours of training related to tobacco use and nicotine dependence]

The courses listed for each of the content areas satisfy the minimum hours (one credit equals 15 clock hours) required in the standardized curriculum in this section and can be documented through course syllabus or internal records upon request by OASAS. Please place a check mark in the box to confirm.

- **Basic Knowledge: Physical and Pharmacological Effects (to include required content areas)**

Content Areas
Alcohol, Tobacco and Other Drugs (ATOD) use and abuse
How the brain and other body parts react to ATOD ingestion
ATOD pharmacology and interaction of ATOD with other medications
The nature of addiction
The natural history of alcoholism and other drug dependence
Genetic factors that may contribute to dependence
The Bio-Psycho-Social model of addiction; and particular substances of abuse (e.g., alcohol, amphetamine and related substances, caffeine, cannabis, cocaine, hallucinogens, inhalants, nicotine, opioids, phencyclidine and related substances, sedatives, hypnotics, anxiolytics, etc.)

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

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- **Overview of the Addictions Field (to include required content areas)**

Content
The history of alcohol and drugs
Terms and concepts related to theory, research and practice and faith based treatment approaches
Basic concepts of social, political, economic and cultural systems and their impact on drug-taking activity
Risk and protection factors that characterize individuals and groups and their living environments
The continuum of addiction services, prevention, treatment, recovery and relevant levels of intervention and care
The continuum of drug use to include initiation; intoxication; harmful use; abuse; dependence; withdrawal; relapse and recovery

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Diversity of Intervention and Treatment Approaches (to include required content areas)**

Content
Specific therapy models
Medication supported recovery (medication assisted treatment) {including but not limited to methadone; buprenorphine; alcohol dependence medications and psychiatric medications
Non-traditional treatment methods
The theory and practice of recognized (i.e., having some basis in literature, research, common or licensed/regulation practice) intervention and treatment approaches; and OASAS licensed and/or funded modalities and therapy models that address ATOD-related problems and diagnoses.

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

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- **Introduction to Diagnostic Criteria (to include required content areas)**

Content
Various assessment instruments and diagnostic tools for alcoholism and substance abuse treatment, including but not limited to the current Diagnostic and Statistical Manual (DSM), International Classification of Diseases (ICD) standards and the Addiction Severity Index (ASI), as well as level of care determination tools such as the OASAS LOCADTR and A.S.A.M. Patient Placement Criteria

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Knowledge of 12 Step and Mutual Aid Groups (to include required content areas)**

Content
The history, theory/philosophy, principles and practices of the 12 Steps and other types of mutual aid groups.

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

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Section II– Alcoholism and Substance Abuse Counseling (150 clock hours) – [Must include a minimum of 15 hours of training specific to Cultural Competence]

The courses listed for each of the content areas satisfy the minimum hours (one credit equals 15 clock hours) required in the standardized curriculum in this section and can be documented through course syllabus or internal records upon request by OASAS. Please place a check mark in the box to confirm.

- **Individual Counseling (to include required content areas below)**

Content
The essentials of alcoholism and substance abuse counseling with individuals, including the theory and practice of clinical management of the recovery of individuals and the application of diagnostic criteria;
Counselor communication skills;
Skills and techniques that focus on the barriers to recovery including vocational habilitation and other multiple rehabilitation needs;
Dealing with the biological, psychological, social, emotional and spiritual aspects of recovery and how to integrate these to prevent the onset of active Alcohol, Tobacco and Other Drugs (ATOD) use, relapse prevention planning, and long term recovery;
Counseling individuals about the use of addiction medications (including but not limited to methadone; buprenorphine; alcohol dependence medications; and psychiatric medications).

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Group Counseling (to include required content areas below)**

Content
The essentials of alcoholism and substance abuse counseling with groups of individuals;
The use of addiction medications (including but not limited to methadone; buprenorphine; alcohol dependence medications; and psychiatric medications);
Group theory including stages of group development and tasks of the counselor at different stages of the process;
Group dynamics, techniques and interventions used in group settings and group techniques designed for or modified for, specific populations;
Support groups.

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Counseling Special Populations/Cultural Competence (to include required content areas below)**

Content
The specific ATOD prevention/treatment needs of particular populations and development of the skills necessary to effectively counsel individuals in those populations; <i>“Special population” is defined</i> by race; minority/protected status; ethnicity; gender; religion; legal status; age; and/or other status (to include content specific to veterans, trauma survivors, criminal justice-involved, sexual orientation, domestic violence, co-existing psychiatric disorders, compulsive behavior disorders or other disabilities.)
An ability to understand, communicate with, and effectively interact with people across diverse cultures; <i>Cultural competence comprises four components:</i> (a) Awareness of one's own cultural worldview, (b) Attitude towards cultural differences, (c) Knowledge of different cultural practices and worldviews, and (d) Cross-cultural skills.

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Effects on Family - - Counseling Families and Significant Others (to include required content areas below)**

Content
The basic theory and skills needed by alcoholism and substance abuse counselors to work effectively with individual family members, significant others and whole families, including co-dependency; issues relating to children of chemically addicted persons;
Genograms;
The application of systems theory to practice with families;
In addition, this section must address relapse prevention topics (e.g. awareness of relapse process, maintaining commitment to recovery, utilizing available resources) aimed to assist the families/significant others of ATOD clients

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Confidentiality/Legal Issues** (to include required content areas below)

Content
Knowledge of current federal (42CFR Part 2, Health Insurance Portability and Accountability Act [HIPAA] Sections 160 & 164), and state laws governing the appropriate delivery of alcoholism and substance abuse services
Emphases on program specific policies/procedures involving confidentiality, as well as legal issues that relate to alcoholism and substance abuse clients
An understanding to seek clinical supervision on complex issues relating to confidentiality and legal matters
Information which addresses confidentiality and legal issues associated in work with clients impacted by HIV/AIDS

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section):

Course Title (Please attach the syllabus for each course to include method of delivery)	Total Credit Hours

- **Child Abuse and Maltreatment: Mandated Reporter Training – New York State Education Department approved training/curriculum** - - The NYS Office for Children and Family Services (OCFS) Mandated Reporter Resource Center offers NYS Education Department approved [on-line training for mandated reporters](#) in New York State so that every mandated reporter has the knowledge and skills to be able to: effectively report child abuse or maltreatment/neglect to the NYS Child Abuse and Maltreatment Register. To access this course: <http://www.nysmandatedreporter.org/TrainingCourses.aspx> (2.00 clock hours)

Please provide information on how your students will complete this requirement. If students are required to complete the on-line course (noted above) to meet the OASAS regulatory requirement they must generate the certificate of completion for this online course and submit to you to be retained on file prior to issuing the CASAC 350-Hour Certificate of Completion.

If you or your staff have completed the NYS Office for Children and Family Services (OCFS) Training of Trainers (TOT) for this curriculum please include their names and titles and a copy of their TOT Certificate of Completion with this application. Delivery of this curriculum by this staff member will fulfill the OASAS regulatory requirement for individuals completing the course.

- **Counselor Wellness (to include required content areas below)**

Content
The definition of compassion fatigue, burnout and other job-related stresses and how to identify, prevent and recover from its effects through knowledge on: why compassion fatigue occurs and who is at risk; connection between PTSD and compassion fatigue; recognition of symptoms; and prevention and recovery strategies, including the role of clinical supervision
Knowledge of the importance of self-care for the Alcoholism & Substance Abuse Counselor, and the relationship between a healthy body, a healthy mind and counselor wellness, and techniques for fostering that relationship (Examples include but are not limited to, nutrition awareness, relaxation techniques, personal growth and clinical supervision)
Knowledge of Counselor Wellness programs, including how to develop agency resources to offer counselor assistance, especially alcoholism & substance abuse intervention services and referrals (e.g. Employee Assistance Programs (EAP); and peer support
Knowledge of alcoholism & substance abuse impairment and misconduct and identification of such, as well as guidelines for a counselor’s return to work as a direct care provider following a period of impairment

Course(s) offered/total credit hours that meet the required content areas (courses may contain content in more than one Section, if applicable you need only attach one course syllabus):

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