

It's Okay to Ask for Help



Pregnant?

**Living with addiction
to drugs and alcohol?**

**Wondering about safe
treatment options?**

If you are pregnant and living with addiction, **there are safe treatment options.**

Talk to your HealthCare provider about treatment and medications that can help support a healthy pregnancy.

For Help and Information
CombatAddiction.ny.gov

CALL 877-8-HOPENY

TEXT HOPENY to 467369



Office of Alcoholism and
Substance Abuse Services

Department
of Health