

(Virtual) High Five

COVID-19 has been devastating our state, our country, our world. Social distancing is key, but that doesn't mean losing social connection. And the Virtual High Five was born – messages written on hands to unite in the plight to stay home, do the right thing, and stop the spread.

Join in. Share your message with a Virtual High Five. Write it on your hand. Take your photo. Post it. Then enjoy the added bonus of washing your hands really well to get the ink off.

Each day, NYS OASAS will select a few messages to post and share. We're in this together.

#VirtualHighFive



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