Problem Gambling and Adolescents

Find help and hope for alcoholism, drug abuse or problem gambling

Call or Text
1-877-8-HOPENY
Text HOPENY (467369) 1-877-846-7369
Available 24 hours / 7 days

www.oasas.ny.gov

All calls are anonymous and confidential.

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Or Text
HOPENY (467369)
ADOLESCENT PROBLEM GAMBLING

Adolescents represent the future of the Empire State, and it's extremely important for these young men and women to recognize that seemingly inconsequential choices made early in life can have drastic consequences in the future. Parents and teens must heed the facts, risk factors and warning signs associated with problem gambling behavior.

RISK FACTORS

- Starting to gamble at an early age
- Favorable attitudes towards gambling among parents, peers and community availability
- Having friends who gamble
- Family history of a gambling problem
- Depressive Symptoms
- Rebellious attitudes or behaviors

WARNING SIGNS

- Unexplained absences from school and/or work
- Lower grades and/or poor work performance
- Stealing money from others to gamble
- Preoccupation with gambling
- Lying, cheating or stealing
- Gambling as a way to escape worries, frustrations or disappointments
- Displaying large amounts of cash and other material possessions
- Continuing to gamble despite consequences
- Attempting to cut down or stop gambling on their own
- Intense interest in gambling conversations and using lingo (bookie, point spread, etc.)
- Spending more and more time on gambling related activities including on the internet, reading newspapers, checking scores, etc.
- Time spent gambling interrupts time with family and/or friends and replaces previously enjoyed activities

For additional resources and to learn more about youth problem gambling visit:

Contact Us

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