



Find help and hope

for alcoholism, drug abuse or problem gambling

Call or Text

1-877-8-HOPENY

Text: HOPENY (467369) 1-877-846-7369

Available 24 hours / 7 days



Office of Addiction Services and Supports

www.oasas.ny.gov

All calls are anonymous and confidential.

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Office of Addiction Services and Supports

New York State Office of Addiction Services and Supports (NYS OASAS)

501 7th Avenue | New York, New York 10018-5903 | oasas.ny.gov | 646-728-4720

1450 Western Avenue | Albany, New York 12203-3526 | oasas.ny.gov | 518-457-4384

Problem Gambling and Adolescents



Office of Addiction Services and Supports



ADOLESCENT PROBLEM GAMBLING

Adolescents represent the future of the Empire State, and it's extremely important for these young men and women to recognize that seemingly inconsequential choices made early in life can have drastic consequences in the future. Parents and teens must heed the facts, risk factors and warning signs associated with problem gambling behavior.

RISK FACTORS

- Starting to gamble at an early age
- Favorable attitudes towards gambling among parents, peers and community availability
- Having friends who gamble
- Family history of a gambling problem
- Depressive Symptoms
- Rebellious attitudes or behaviors

WARNING SIGNS

- Unexplained absences from school and/or work
- Lower grades and/or poor work performance
- Stealing money from others to gamble
- Preoccupation with gambling
- Lying, cheating or stealing
- Gambling as a way to escape worries, frustrations or disappointments
- Displaying large amounts of cash and other material possessions
- Continuing to gamble despite consequences
- Attempting to cut down or stop gambling on their own
- Intense interest in gambling conversations and using lingo (bookie, point spread, etc.)
- Spending more and more time on gambling related activities including on the internet, reading newspapers, checking scores, etc.
- Time spent gambling interrupts time with family and/or friends and replaces previously enjoyed activities

For additional resources and to learn more about youth problem gambling visit:

Help a friend. Help a family member. Help yourself.

Prevention, treatment, and recovery services

For help & information
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