

Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling.

> All calls are anonymous and confidential.

> > Call

1-877-846-7369

Or Text

**HOPENY (467369)** 

# College **Students and Problem Gambling**





New York State Office of Addiction Services and Supports (NYS OASAS)



### **COLLEGE STUDENTS AND GAMBLING**

Gambling among college students has become increasingly popular, largely due to televised Texas Hold'Em tournaments, and increased accessibility and availability of gambling opportunities on the Internet.

Additionally, the availability of financial credit to college students can result in significant bank and credit card company debt.



Students may gamble on campus, at a friend's house, at nearby casinos, racetracks and other gambling venues. Gambling today is more accessible, more accepted and more glamorized than ever before, but can lead to serious consequences for college-age gamblers.

#### REASONS STUDENTS GAMBLE

- Chance to win money
- Excitement of placing a bet
- Spend time with friends
- Distraction from everyday life
- Belief it is an easy way to get rich quick
- Acceptance among their peers
- To feel the "rush" of winning
- To feel important

## WARNING SIGNS OF PROBLEM GAMBLING

- Thinks constantly about gambling
- · Relies on others to get out of debt
- Is absent or late for work or school due to gambling
- Has unexplained money or new possessions
- Is impatient with or ignores friends and family
- Delays or does not make payment of bills including college tuition





### **CONSEQUENCES**

- Isolation
- Drop out of school or risk academic and athletic scholarships for a perceived chance at a better future by gambling
- Experience serious financial and inter-personal difficulties due to gambling
- · Experience thoughts of suicide

### **Contact Us**

**NYS OASAS** 

1450 Western Avenue | Albany, New York 12203–3526

518-457-4384

501 7th Avenue | New York, New York 10018-5903

646-728-4720