New York State | Office of Addiction Services and Supports

Approved Adult Screening Instruments for Mental Health Problem Domains in NYS OASAS Certified Programs

Introduction: OASAS requires that all patients admitted to Certified Programs be screened for co-occurring mental health conditions in specified domains.

The following pages provide tables with the names of and links to the recommended screening instruments for required and non-required mental health domains.

Refer to *Guidance for the Use of Screening Instruments for Co-occurring Mental Health Conditions in NYS OASAS Certified Programs* for more detailed information before utilizing the screening instruments

Section 1: Recommended Screenings for Required Mental Health Domains

Screening Instrument/*(administered by)* *English Only*	Items	Administration time in minutes	Link
General Mental Health			
Modified Mini Screen (MMS) *(Clinician or Self)*	Twenty-two	15	**Modified Mini Screen (MMS)**
Mental Health Screening Form III (MHSF-III) *(Clinician or Self)*	Eighteen	10	**Mental Health Screening Form III (MHSF-III)**
Kessler Psychological Distress Scale (K10) *(Self)*	Ten	5-10	**Kessler Psychological Distress Scale (K10)**
Kessler Psychological Distress Scale (K6) *(Self)*	Six	5-10	**Kessler Psychological Distress Scale (K6)**
Patient/Client Safety			
Columbia-Suicide Severity Rating Scale (C-SSRS) *(Clinician)*	Six	< 5	**Columbia-Suicide Severity Rating Scale (C-SSRS) Toolkit**
Depression			
Patient Health Questionnaire 9 (PHQ-9) *(Self)*	Nine	< 5	**Patient Health Questionnaire 9 (PHQ-9)**
Patient Health Questionnaire 2 (PHQ-2) *(Self)*	Two	< 5	**PHQ-2 is the first two questions of PHQ-9**

Section 2: Recommended Screenings for Required Mental Health Domains - Continued

Screening Instrument/(administered by) *English Only	Items	Administration time in minutes	Link
Depression - continued			
Center for Epidemiologic Studies Depression Scale (CES-D) *(Clinician)*	Twenty	5-10	**Center for Epidemiologic Studies Depression Scale (CES-D)**
Perinatal Depression			
Edinburgh Postnatal Depression Scale (EPDS) *(Self)*	Ten	5	**Edinburgh Postnatal Depression Scale (EPDS)**
Trauma/PTSD			
The Primary Care PTSD Screen - DSM-5 (PC-PTSD-5) *(Clinician)*	Five	5	**Primary Care PTSD Screen for DSM-5 (PC-PTSD-5)**
PTSD Checklist for DSM-5 (PCL-5) *(Self)*	Twenty	5-10	**PTSD Checklist for DSM-5 (PCL-5)**
Anxiety			
Generalized Anxiety Disorder 7 (GAD-7) *(Self)**	Seven	< 5	**GAD-7 Screening Questions**
Generalized Anxiety Disorder 2 (GAD-2) *(Self)**	Two	< 5	**GAD-2 is the first two questions of GAD-7**
Social Interaction Anxiety Scale (SIAS) *(Self)*	Twenty	5-10	**Social Interaction Anxiety Scale (SIAS)**

Section 2: Additional Screenings for _Non_-Required Mental Health Domains

Screening Instrument/*(administered by)* *English Only*	Items	Administration time in minutes	Link
Attention Deficit Hyperactivity Disorder			
Adult ADHD Self-Report Screening Scale for DSM 5 (ASRS-5) *(Self)*	Six	< 5	**Adult ADHD Self-Report Screening Scale for DSM 5 (ASRS-5)**
Bipolar Disorder			
Composite International Diagnostic Interview based Bipolar Disorder Screening Scale (CIDI) *(Clinician)*	Twelve	5-10	**CIDI-based Bipolar Disorder screening scale**
Altman Self Rating Mania Scale (ASRM) *(Self)*	Five	< 5	**Altman Self Rating Mania Scale (ASRM)**
Eating Disorders			
Eating Disorders Examination Questionnaire (EDD-Q) *(Self)*	Twenty-eight	15	**EATING QUESTIONNAIRE**
Eating Disorders Diagnostic Scale (EDDS) *(Self)*	Twenty-two	10	**EATING SCREEN** **Scoring**: **See last two pages of article for scoring**

Section 2: Additional Screenings for *Non*-Required Mental Health Domains - Continued

Screening Instrument/*(administered by)* *English Only*	Items	Administration time in minutes	Link
Psychosis			
Brief Psychiatric Rating Scale (BPRS) *(Clinician)*	Eighteen	10-40	**Brief Psychiatric Rating Scale (BPRS)**
Functioning and Impairment			
World Health Organization Disability Assessment Scale 2.0 (WHODAS 2.0) 12 Item *(Self)*	Twelve	10	**World Health Organization Disability Assessment Scale 2.0 (WHODAS 2.0) 12 Item**