

# Support for Frontline Workers during COVID-19

## Virtual Office Hours: Hope and Resilience

In Spring/Summer 2020, the New York State Office of Addiction Services and Supports (NYS OASAS) and the Institute on Trauma and Trauma-Informed Care (ITTIC) provided a series of webinars to support our heroic frontline staff during the global pandemic. As COVID-19 continues to impact the lives and work of the addiction workforce, OASAS and ITTIC are pleased to offer a follow-up Office Hour session, which will be focused on hope, resilience, and ongoing self-care.

Office Hours will again be conducted by ITTIC's Sue Green, LCSW, and Samantha Koury, LMSW, who will assist participants in developing practical approaches to respond to trauma, including the importance of self-care. Participants will also have the opportunity to share their observations of and experiences with hope and resilience over the last year.

You are invited to participate in an upcoming session. There is no prerequisite or fees associated with attending, but **pre-registration is required**. Office Hours are being offered to three specific audiences, with dedicated sessions for each:

### 1. Peers

Date and Time: 4/14/21 from 12:00 – 1:00pm

Registration Link: <http://bit.ly/Hope414>

### 2. Treatment and Prevention Staff

Date and Time: 4/15/21 from 11:30am – 12:30pm

Registration Link: <http://bit.ly/Hope415>

### 3. Program Administrators and Leadership

Date and Time: 4/21/21 from 11:00am – 12:00pm

Registration Link: <http://bit.ly/Hope421>

Questions related to Office Hours may be directed to [Samantha.Kawola@oasas.ny.gov](mailto:Samantha.Kawola@oasas.ny.gov). We look forward to having you join us!

More resources and guidance for OASAS providers and addiction professionals on navigating service provision during the pandemic can be found on the [OASAS website](#).

For more information about the Institute on Trauma and Trauma-Informed Care, please visit [their website](#).



Office of Addiction  
Services and Supports