

## STAFFING

Charles K. Post ATC clinical staff are licensed or certified by New York State. We are staffed by a multi-disciplinary treatment team of professionals including:

- Counselors (CASAC)
- Social Workers (LCSW)
- Registered Nurses
- Psychiatric Nurse Practitioner
- Physicians
- Psychiatrist

## LENGTH OF STAY

Length of stay is individualized based on a patient's needs and can be up to 28 days.

## PAYING FOR INPATIENT REHABILITATION TREATMENT

We accept Medicaid, private insurance and self-pay. Fees are based on an individual's ability to pay. We can also assist in applying for Medicaid. No individual is denied access based on inability to pay.

## DIRECTIONS TO C.K. POST ATC

From the Northern State Parkway: Take Exit 44 South. From the Long Island Expressway, Exit 53; from the service road, exit south to Bay Shore onto Sagtikos Parkway. Stay in the right lane Exit S2. At the STOP sign, turn left onto H Road. Just before B Road, turn left into the parking lot.

From the Southern State Parkway: Take Exit 41A onto Sagtikos Parkway going north. Exit S2 and bear right at the fork. Turn right at the first cross street. At the next cross street (H Road), turn left. Just before B Road, turn left into the parking lot.

[oasas.ny.gov/  
addiction-treatment-centers](http://oasas.ny.gov/addiction-treatment-centers)

# Charles K. Post Addiction Treatment Center Inpatient Rehabilitation

*Office of Addiction  
Services and Supports*

*“We provide services to help those  
on Long Island and beyond take  
the first step to a new life”*

998 Crooked Hill Road, Building #1, PPC Campus,  
West Brentwood, NY 11717

General: 631-434-7200  
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Office of Addiction  
Services and Supports



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# Charles K. Post Addiction Treatment Center

## Inpatient Rehabilitation



Kathy Hochul,  
Governor

Chinazo Cunningham, MD,  
Commissioner

## **INTRODUCTION**

Charles K. Post Addiction Treatment Center (C.K. Post ATC) is an inpatient chemical dependence treatment facility for men and women over 18 years old and is operated by the New York State Office of Addiction Services and Supports (OASAS). We provide a 43-bed inpatient rehabilitation program. We are completely tobacco-free.

## **INPATIENT REHABILITATION**

The C.K. Post ATC inpatient rehabilitation program is an intensive, highly structured program that offers individualized treatment based on a comprehensive assessment of the individual. Substance abuse is a complex, treatable disease. Individuals suffering from this disease often experience medical, psychiatric, social and economic problems. For individuals whose substance abuse has progressed to the point that major life areas have been impacted, inpatient rehabilitation may be indicated.

## **SERVICES OF THE INPATIENT REHABILITATION PROGRAM**

Our Inpatient Rehabilitation offers the following services:

- Individual and Group Therapy
- Interactive, Educational Groups
- Recreational Activities
- Medical and Psychiatric Evaluation
- Medication-Assisted Treatment
- 24-hour Nursing Care
- On-site Self-Help Meetings (AA, NA, GA)
- Discharge Planning For Aftercare Treatment
- Coordination of Supportive Living
- Evidence-based Practices
- Women's Program
- Assistance with Applying for Medicaid

Each client is assigned a primary counselor who manages their case during their stay.

## **ADMISSION INTO INPATIENT REHABILITATION**

Prospective clients can be referred from any provider including hospitals, detox units, outpatient programs, psychiatric facilities, probation officers and courts or self-referred.

***For inquiries or to schedule an appointment, providers or any interested individuals can call (631) 434-7281***

All candidates are first evaluated to determine need and level of care. Determination is made by C.K. Post interdisciplinary treatment team. Decisions are based on clinical need and bed availability. Justification is provided to candidates who are not accepted into the program and recommendations and referrals are provided. No person is denied acceptance based on race, ethnicity, religion, nationality or political association.

## **REFERRAL AND AFTERCARE**

The program focuses on stabilization and preparation for aftercare. No one is discharged without a plan that addresses their continuing treatment needs, including the need for a supportive living environment.

Because C.K. Post ATC maintains extensive linkages with other Nassau and Suffolk County alcoholism and substance abuse providers we work with you to find the aftercare that best fits your needs.

## **TO BE CONSIDERED FOR THE INPATIENT REHABILITATION PROGRAM:**

- The individual must have an alcohol or substance abuse problem
- A living environment not conducive to recovery
- Physical or mental complications and co-morbidities requiring medical management
- In need of a 24-hour structured treatment setting
- Does not need a higher level of care
- Does not currently have a contagious illness that may threaten the health of others in the program

## **PHARMACOLOGY TREATMENT**

Medication-Assisted Treatment is offered at C.K. Post. These include medications for addictions (Methadone, Suboxone and Vivitrol), Nicotine Replacement Therapy (NRT), and psychiatric and medical concerns.

## **Specialized Groups**

In addition to groups and classes addressing early recovery, some of the specialized groups that are offered include: cross addictions, relapse prevention, co-dependency, co-occurring, meditation, anger management, and parenting.

## **Women's Program**

We recognize that recovery for men and women is very different. A separate program for women has been developed which addresses the unique needs and issues presented by women in recovery.

**For help call or text:**

**1-877-8-HOPENY**

Text: HOPENY (467369) **1-877-846-7369**