

## TREATMENT

Treatment at McPike ATC is clinically driven and is based on individual patient needs and problems. We utilize educational groups, individual and group therapy, and medication assistance interventions to stabilize and assist individuals in the recovery process.

- All treatment is individually based on the strengths, needs, abilities, and preferences of the person.
- An individual counselor is assigned to each person on the day of admission, and clinical activities specific to the patient's needs are scheduled throughout the program.
- McPike ATC specializes in working with individuals with a dual diagnosis in an intergrated, holistic, and comprehensive approach.
- McPike ATC also provides a specialized Women's Program which includes women's group therapy and various groups addressing women's issues.
- Discharge plans are developed early in treatment and all patients are involved in developing a continuing care plan to maintain abstinence and recovery after their stay at McPike ATC.

Kathy Hochul  
Governor

Chinazo Cunningham, MD  
Commissioner



Office of Addiction  
Services and Supports

**McPike ATC is Proud to be Alcohol,  
Tobacco and Drug Free.**



# McPike Addiction Treatment Center

**Inspire. Educate. Motivate.**



### **Directions to McPike ATC**

NYS Thruway to Exit 31 --- Straight ahead after exit --- Turn right onto Genesee St. (heading South and follow downtown sign) --- Go approximately 2 miles to Court St. --- Turn right --- Follow Court St. approximately 1 mile --- After York St., the Mohawk Valley Psychiatric Center is the next left turn --- Take main driveway to building with pillars --- bear right --- McPike ATC is the red brick building on your immediate left.

[oasas.ny.gov/  
addiction-treatment-centers](https://oasas.ny.gov/addiction-treatment-centers)



Office of Addiction  
Services and Supports

1213 Court Street  
Utica, New York 13502  
Admissions: 315-738-4465  
Main: 315-738-4600 Fax:  
315-738-4646

## OVERVIEW

The McPike Addiction Treatment Center (ATC), located in Utica, New York, is a 68-bed inpatient rehabilitation addiction treatment facility for adult men and women. It is operated and governed by the New York State Office of Alcoholism and Substance Abuse Services and is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). McPike ATC serves 16 counties of Central New York, including the Capital District.

## MISSION

Our mission is to empower individuals to recover by utilizing evidence based practices to meet their individual needs. We utilize educational groups, individual and group therapy, and medication assistance interventions to stabilize and motivate individuals to prepare them to progress through the continuum of care.

## CORE VALUES

*Inspire* individuals to take control of their lives.

*Motivate* individuals to make the change and enter recovery.

*Educate* individuals so that they can make the change.

## ADMISSIONS

All questions or arrangements regarding admission of any individual may be directed to the Admissions office by simply calling **315-738-4465**.

## FEES

Fees are based upon the individual's ability to pay. No person will be denied service based upon financial situation, race, creed, ethnic background, physical disability, or sexual orientation. Insurance companies may require approval prior to admission.

## STAFFING

The McPike ATC is staffed by a multi-disciplinary treatment team of addiction professionals consisting of addiction counselors, social workers, psychologists, medical and nursing staff, recreation therapists, and support staff.

## OPITATE OVERDOSE TRAINING

The McPike ATC frequent heroin and opioid overdose prevention treatment sessions that are free and open to the public. McPike ATC will train participants on how to recognize an opioid overdose and how to administer life-saving naloxone, a medication that can reverse an opioid overdose. An individual can then be connected to treatment. Call **315-738-4465** to register for a training session.

## DUAL-DIAGNOSIS SERVICES

McPike ATC specializes in working with individuals with a dual diagnosis in an intergrated, holistic, and comprehensive approach and is accredited by CARF International to provide integrated dual recovery services.

We recognize that the effective treatment for individuals who have co-occurring addiction and mental health disorders involves the equal emphasis of both disorders and that these disorders are critically interrelated. At McPike we focus on the following treatment targets to assist the individual suffering with a co-occurring mental illness:

- stabilization of all presenting psychiatric symptoms;
- abstinence from alcohol and all non-prescribed drugs (as a goal);
- development of coping skills to be able to manage the **interrelationship** between psychiatric and chemical dependency disorders.

For help call or text:

**1-877-8-HOPENY**

Text: HOPENY (467369) **1-877-846-7369**