

ALUMNI INVOLVEMENT

It's important for our patients to continue to build the supportive relationships that were developed here at the Richard C. Ward Addiction Treatment Center (RCW). We provide several opportunities for patients to reconnect after their transition from RCW. Statewide virtual Addiction Treatment Center (ATC) Alumni Meetings are held the last Thursday of every month. These meetings provide our alumni the opportunity to network with and support each other post-discharge.

TESTIMONIALS

"I have never seen staff that care so much about their clients."

"This program by being an all-women facility gives mothers, daughters, women in general a fighting chance; women are taught to be strong, but sometimes addiction is stronger."

"Staff genuinely cares for their patients. They assist when needed and encourage people to advocate for themselves. The counselors are well versed in addiction counseling and its application in real life."

RICHARD C. WARD ADDICTION TREATMENT CENTER

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MIDDLETOWN, NY 10940

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ADMISSIONS CONTACT:

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oasas.ny.gov/location/richard-c-ward-addiction-treatment-center

[oasas.ny.gov/
addiction-treatment-centers](https://oasas.ny.gov/addiction-treatment-centers)



Office of Addiction
Services and Supports



Office of Addiction
Services and Supports

Richard C. Ward Addiction Treatment

A Drug, Nicotine, Vaping
& Gambling Free Facility



SERVING THE STATE OF NEW YORK

Kathy Hochul, Governor

Chinazo Cunningham, MD, Commissioner

ABOUT US

The Richard C. Ward Addiction Treatment Center (RCW) is a 48-bed inpatient residential treatment program for persons identifying as female. The program licensed and operated by New York State Office of Addiction Services and Supports (OASAS) and serves the state of New York. RCW also has a 3 year Commission on Accreditation of Rehabilitation Facilities (CARF) accreditation. We treat substance use disorders (SUDs) and problem gambling while addressing the medical and psychiatric needs of our patients. All admissions are voluntary for those who identify as female, on an informal basis without regard to race, creed, national origin, sexuality, or ability to pay.

FEE-FOR-SERVICE

Determined according to a sliding scale based on the ability to pay. Health insurance accepted if pre-certified. Medicaid fee-for-service eligible.

CRITERIA FOR ADMISSION

Potential clients must:

1. Be 18 years of age and older.
2. Have a substance use or problem gambling disorder diagnoses
3. Have no medical, surgical, or psychiatric condition requiring acute care in a general or psychiatric hospital.
4. Not be in need of medically managed detoxification.
5. Be able to benefit from treatment in an inpatient service.

TREATMENT

Treatment at RCW is individualized and based on each woman's unique needs and goals. Evidence based treatment and approaches are utilized:

- Trauma-Informed Care (TIC)
- Acupressure
- Acupuncture
- Yoga
- Mindfulness & Meditation
- Motivational Interviewing (MI)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Anger Management
- Interactive Journaling
- Psychodrama
- Components of Healing Trauma
- Seeking Safety

SAFE ENVIRONMENT

In addition to requiring mask-wearing for all patients and staff during the pandemic, we currently offer COVID-19 testing for all new admissions and have separate residential wings available for those in need of quarantine or isolation. We offer annual flu vaccinations and PPD testing as per our Infection Control policies. You can ask for more details re: the current COVID-19 guidelines and vaccine availability.

Many of our patients appreciate the comfort and safety that comes with being in an all-female program. Lastly, our facility is wheelchair accessible.

PROGRAMMING

RCW programming provides an intensive treatment experience with the length of stay determined by individual needs and goals.

Services consist of workshops on various aspects of recovery and relapse prevention, a variety of self-help experiences, group and individual counseling, meditation, creative (artistic and dramatic) and recreational therapies. Family involvement sessions are also a treatment option. We offer trauma-informed multi-disciplinary services, including psychiatric, medical, and counseling.

MEDICATION-ASSISTED RECOVERY

We offer Buprenorphine (Suboxone), Vivitrol, and Naltrexone, along with other medications to assist in the withdrawal process. In addition to this, various Nicotine-Replacement Therapies are available.

PROBLEM GAMBLING

Along with treatment planning goals and counseling specific to problem gambling, we also offer resources and linkages with the local Problem Gambling Resource Center. We provide alternatives to watching big sporting events and board/card games that may be triggering. Additionally, we offer weekly gambling workshops facilitated by one of our certified gambling counselors.