



Office of Addiction Services and Supports

Trauma 101 Introduction to Trauma and Trauma Informed Care

Presented by NYS OASAS

Training Description:

Trauma-informed care is an approach to engaging people with histories of trauma. It teaches participants how to recognize trauma symptoms in self and others, and acknowledges the role that trauma has played in peoples' lives. This training is designed as a practical overview and will cover a basic understanding of what is trauma/ adversity, how it is experienced, and the connection of trauma to substance use.

The objectives are:

- Define different types of trauma
- Explain the findings of the Adverse Childhood Experiences (ACE) study
- Understand how trauma/ adversity impacts individuals
- Discuss the relationship between trauma and substance use
- Identify symptoms of trauma that may indicate a trauma history via case study.

Six (6) OASAS clock hours are approved to be applied to the OASAS credentials: Credentialed Alcoholism and Substance Abuse Counselor (CASAC Renewal only), Credentialed Prevention Professional and Credentialed Prevention Specialist (CPP/CPS Initial Section 1, and Renewal). Social Work CEU's are approved for six (6) hours.

Who Should Attend:

Addiction Treatment Professionals/Prevention Professionals, Mental Health Professionals and Recovery Professionals.

How to Apply:

There is a new application procedure using the NYS OASAS Test Portal (similar to Learning Thursdays). Click link below and follow directions to log in, or to create an account.

Applicants will be notified by the lead trainer, if accepted:

<https://answerkey.net/oasastraining/>

Locations and Dates:

**Online Synchronous
Presentation**

January 11 & 12, 2022

9:00am-12:15pm,

0.25 hr for break

NYS OASAS presenters

Applications Due:

December 15, 2021

**Acceptance Letters
Scheduled to be sent via
email on:**

December 16, 2021

Questions may be directed to:

The Learning and Development Unit
via email: training@oasas.ny.gov or by
phone at 518-485-2027

(Email communication is recommended
for a timely response).