

If **you** or someone you **care** about needs **help** for

# Drugs, Alcohol, Gambling

Call or Text



**1-877-8-HOPENY**

1-877-846-7369

*Text: HOPENY (467369)*

***There is hope and help.***

- All calls and texts are free and confidential
- 24 hours a day, 7 days a week
- Information and referrals from masters-level clinicians



**Office of Addiction  
Services and Supports**

Addiction Services for Prevention, Treatment, Recovery

[www.oasas.ny.gov](http://www.oasas.ny.gov)

HOPENY