

Equity, Diversity, & Inclusion Program List PPY 2024 - 2025

Name	Brief Description	U/S/I ¹	Potential OASAS Risk & Protective Factor Addressed	Potential Substance Use Outcomes
<u>Parenting Inside Out (PIO) – 24</u>	<p>A parenting skills training program developed for criminal justice involved parents and is appropriate for both incarcerated mothers and incarcerated fathers who are parenting from prison.</p> <p><i>The jail program is the shortest program, consisting of twelve 2-hour classes. Parents are encouraged to take the longer community program after they release.</i></p>	S/I	Family Management; Family Conflict; Problem-solving	Substance misuse
<u>Parenting Inside Out (PIO) – 48</u>	<p>A parenting skills training program developed for criminal justice involved parents and is appropriate for both incarcerated mothers and incarcerated fathers who are parenting from prison.</p> <p><i>The community version consists of twenty-four 2-hour sessions and is appropriate for parents who are in work release programs or on parole or probation. Parents may or may not have custody of their children or may be seeking visitation.</i></p>	S/I	Family Management; Family Conflict; Problem-solving	Substance misuse
<u>Parenting Inside Out (PIO) – 60</u>	<p>A parenting skills training program developed for criminal justice involved parents and is appropriate for both incarcerated mothers and incarcerated fathers who are parenting from prison.</p> <p><i>The 60-hour program has been used in prisons and in jails with inmates who have longer sentences. It consists of 30, 2-hour lessons that can be taught over 10 weeks (3 classes/week) or 14 weeks (2 classes/week).</i></p>	S/I	Family Management; Family Conflict; Problem-solving	Substance misuse
<u>Parenting Inside Out (PIO) – 90</u>	<p>A parenting skills training program developed for criminal justice involved parents and is appropriate for both incarcerated mothers and incarcerated fathers who are parenting from prison.</p> <p><i>The longest version of PIO, developed for prison settings, is 90 hours in length. It consists of 36, 2.5-hour lessons taught over 12 weeks (3 classes/week).</i></p>	S/I	Family Management; Family Conflict; Problem-solving	Substance misuse
<u>Proud & Empowered</u>	<p>This is a 10-session, small group, program for sexual and gender minority adolescents which focuses on the underlying mechanisms of change, minority stress. Each session is approximately 45 minutes. Sessions rely on a mix of psychoeducation, didactic discussion, and interactive (e.g., role-play) activities.</p>	U	Social Skills; Depressive symptoms	

¹ U/S/I: Universal, Selective, Indicated populations

<u>Smart Talk: Cannabis Prevention & Awareness Curriculum</u>	<p>The Smart Talk: Cannabis Prevention & Awareness Curriculum is a theory-based curriculum aimed at preventing middle and high school students' use of cannabis. The online toolkit includes PowerPoints, worksheets, and activities. The curriculum includes 5 lessons, each providing activities, online quiz games, and worksheets in addition to presentations, resources, and other materials aimed at addressing key factors associated with youth cannabis use.</p>	<p>U</p>	<p>Perceived risk of AOD use, Favorable attitudes towards AOD use, Refusal skills</p>	<p>Cannabis use</p>
<u>Team Awareness</u>	<p>A customizable worksite prevention training program that addresses behavioral risks associated with substance abuse among employees, their coworkers, and, indirectly, their families. The training seeks to promote social health and increased communication between workers; improve knowledge about and attitudes toward alcohol- and drug-related protective factors in the workplace, such as company policy and Employee Assistance Programs (EAPs); and increase peer referral behaviors. The training focuses on 6 components: the importance of substance abuse prevention; team ownership of policy (embracing policy as a useful tool for enhancing safety and wellbeing for the whole workgroup); stress, including stressors, individual coping styles, and other methods for coping; tolerance and how it can become a risk factor for groups; the importance of appropriate help seeking and help-giving behavior; and access to resources for preventive counseling or treatment. Training is highly interactive and includes group discussions, videos, role-playing, quizzes, games, communication exercises, and optional homework assignments.</p>	<p>U</p>	<p>Perceived Risk of AOD Use; Favorable Attitudes Toward AOD Use</p>	<p>Alcohol use</p>