

NYS OASAS Evidence-Based Programs & Strategies for Prevention

Name	Brief Description	# of Sessions/ Session Length	Population/ Setting	Risk & Protective Factors/Substance Use Outcomes	Substance Use Outcomes	Languages Available ¹
<u>Active Parenting (4th Ed.)</u>	Active Parenting is a video-based education program designed to teach parents how to raise a child by using encouragement, building self-esteem, active listening, effective communication, and problem solving.	# of Sessions: 6 Session Length: 2 Hours	Population: Parents of Youth Ages 5-12 Setting: Home IOM/NAM Designation: Universal	Risk Factors: ○ Parental Attitudes Towards Drugs ○ Family Conflict	None	English Spanish
<u>Active Parenting of Teens</u>	Active Parenting of Teens is designed to decrease family management problems and address attitudes towards drug use.	# of Sessions: 6 Session Length: 2 Hours	Population: Parents of Youth Ages 13-17 Setting: Home, school, and other community settings IOM/NAM Designation: Universal	Risk Factors: ○ Family Management Problems ○ Parental Attitudes Towards Drugs ○ Low Commitment to School ○ Favorable Attitudes Toward Drug Use	None	English Spanish
<u>All Stars Core</u>	All Stars is a school- and community-based intervention with reduction in drug use outcomes.	# of Sessions: 13 Session Length: 45 Min	Population: Middle School Setting: School IOM/NAM Designation: Universal	<u>None</u>	Drug Use (Short-term only)	English Spanish
<u>All Stars - Booster</u>	All Stars Booster is designed to be delivered one year after Core. It includes nine 45-minute sessions that reinforce (but do not duplicate) lessons learned in Core.	# of Sessions: 9 Session Length:	Population: Middle School Setting: School	Risk Factors: ○ Low Commitment to School ○ Perceived Risk of Drug Use	None	English Spanish

		45 Min.	IOM/NAM Designation: Universal			
Brief Alcohol Screening and Intervention for College Students (BASICS)	Brief Alcohol Screening and Intervention for College Students (BASICS) is a prevention program for college students who drink alcohol heavily and have experienced or are at risk for alcohol-related problems.	# of Sessions: 2 Session Length: 1 Hour	Population: Ages 18-25 Setting: School, Community IOM/NAM Designation: Indicated	None	Alcohol	English
Building Skills	Building Skills is a 12-lesson curriculum designed to help 5th graders by improving their inter- and intrapersonal skills.	# of Sessions: 12 Session Length: 1 Hour	Population: Grade 5 Setting: School IOM/NAM Designation: Selective	Protective Factor: ○ Social Skills Risk Factors: ○ Low Commitment to School ○ Early Initiation of Drug Use ○ Early Initiation (K-5) of Problem Behavior	None	English
Challenging College Alcohol Abuse	Challenging College Alcohol Abuse is a social norms and environmental management program that reduces high-risk drinking and related negative consequences in college students 18 to 24 years old.	# of Sessions: N/A Session Length: N/A	Population: Ages 18-24 Setting: School IOM/NAM Designation: Selective	Risk Factor: ○ Social Norms Favorable Towards Substance Use	Alcohol	English
Creating Lasting Family Connections	Creating Lasting Family Connections (CLFC) is a family-focused program that aims to build the resiliency of youth aged 9 to 17 years and reduce the frequency of their alcohol and other drug (AOD) use.	# of Sessions: 15-18 Session Length: 1.5 – 2.5 hours	Population: Ages 9-17 and their parents, guardians, and other family members Setting: Community Settings IOM/NAM Designation: Selective	Protective Factors: ○ Community Opportunities for Prosocial Involvement ○ Family Attachment Risk Factors: ○ Family Conflict ○ Parental Attitudes Towards Drugs ○ Academic Failure ○ Friends who use Drugs	Drugs Alcohol	English Spanish

				<ul style="list-style-type: none"> ○ Early Initiation of Drug Use 		
<u>Early Risers Skills for Success</u>	Early Risers "Skills for Success" is a multicomponent, developmentally focused, competency-enhancement program that targets 6- to 12-year-old elementary school students who are at high risk for early development of conduct problems, including substance use.	# of Sessions: 24 Session Length: N/A	Population: Ages 6-12 + Parents/Guardians Setting: Home, School, and other Community Agencies IOM/NAM Designation: Selective	Protective Factor: <ul style="list-style-type: none"> ○ Social Skills Risk Factors: <ul style="list-style-type: none"> ○ Family Management Problems ○ Early Initiation (K-5) of Problem Behavior ○ 	None	English
<u>Familias Unidas</u>	A family-based program for Hispanic families conducted in Spanish. It is designed to prevent conduct disorders; use of illicit drugs and alcohol; and improve family functioning. The intervention is delivered primarily through multiparent groups, which aim to develop effective parenting skills, and family visits, during which parents apply skills while interacting with their adolescent.	# of Sessions: 8 multiparent group sessions and 4 family sessions w/adolescent Session Length: 2 hours (parent sessions) 1 hour (family sessions)	Population: Hispanic or Latino families with children ages 12-17 – conducted in Spanish Setting: Home and School IOM/NAM Designation: Selective	Risk Factors <ul style="list-style-type: none"> ○ Family Management Problems ○ Family Conflict 	Decrease in recent substance use	English Spanish
<u>Families and Schools Together (FAST)</u>	Families and Schools Together (FAST) is a 2-year, multifamily group intervention designed to build relationships between and within families, schools, and communities (particularly in low-income areas) to increase all children's well-being.	# of Sessions: 8 weekly sessions and 2 years of monthly meetings Session Length: 2.5 Hours	Population: Ages 0-14 + Parents/Guardians Setting: School and Community IOM/NAM Designation: Selective	Protective Factors: <ul style="list-style-type: none"> ○ Family Opportunities for Prosocial Involvement ○ School Opportunities for Prosocial Involvement Risk Factors: <ul style="list-style-type: none"> ○ Low Commitment to School ○ Academic Failure 	None	English Spanish
<u>Family Spirit</u>	Family Spirit® is an evidence-based, culturally tailored home-	# of Sessions: 63	Population: Expectant	Risk Factors:	Cannabis Illicit drugs	English

	visiting program to promote optimal health and wellbeing for expectant Indigenous/American Indian mothers and their children. Family Spirit combines the use of paraprofessionals from the community as home visitors and a culturally focused, strengths-based curriculum as a core strategy to support young families. Parents gain knowledge and skills to promote healthy development and positive lifestyles for themselves and their children. 63 lessons are taught between pregnancy and the child's 3 rd birthday.	Session Length: ~1 hour	Indigenous/American Indian mothers Setting: Community, Home, and Outpatient IOM/NAM Designation: Selective/Indicated	o Depressive Symptoms		
<u>FIRST STEP Next</u>	(INDICATED POPULATIONS ONLY) FIRST STEP Next is a collaborative home and school intervention for preschool through second grade. The teacher, family member, and behavioral coach (for example, school counselor, early childhood educator, or behavioral specialist) teach the at-risk child skills that contribute to school success and the development of friendships.	# of Sessions: The intervention requires 2 to 3 months to implement (daily), followed by a maintenance phase for the remainder of the school year. Session Length: ~20 mins	Population: Pre-K – Grade 2 (Indicated) Setting: Home, School IOM/NAM Designation: Indicated	Protective Factors: o Family Opportunities for Prosocial Involvement o School Opportunities for Prosocial Involvement o Social Skills Risk Factors: o Family Management Problems o Family Conflict o Low Commitment to School o Parental Attitudes Favorable Towards Other Problem Behavior o Early Initiation (K – 5) of Problem Behavior	None	English Spanish
<u>Guiding Good Choices</u>	Guiding Good Choices (GGC) is a drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years	# of Sessions: 5	Population: Parents/Guardians of children ages 9-14	Protective Factors: o Family Opportunities for Prosocial Involvement o Family Rewards for Prosocial	Alcohol Cannabis Illicit Drugs (narcotics, cocaine,	English

	old) with the knowledge and skills needed to guide their children through early adolescence. It seeks to strengthen and clarify family expectations for behavior, enhance the conditions that promote bonding within the family, and teach skills that allow children to resist drug use successfully.	Session Length: ~1 hour	Setting: School IOM/NAM Designation: Universal	Involvement ○ Social Skills <u>Risk Factors:</u> ○ Family Management Problems ○ Perceived Risk of Drug Use ○ Early Initiation of Drug Use	ecstasy, etc.)	
<u>Incredible Years - Classroom Dinosaur</u>	The child program aims to strengthen children's social and emotional competencies, such as understanding and communicating feelings, using effective problem-solving strategies, managing anger, practicing friendship and conversational skills, and behaving appropriately in the classroom.	# of Sessions: 65 Session Length: 20 – 30 minutes	Population: Ages 3-8: • Level 1: Ages 3-5 • Level 2: Ages 5-6 Level 3: Ages 7-8 Setting: School IOM/NAM Designation: Universal/Selective	<u>Protective Factors:</u> ○ Family Rewards for Prosocial Involvement ○ School Opportunities for Prosocial Involvement ○ Social Skills <u>Risk Factors:</u> ○ Early Initiation (K-5) of Problem Behavior ○ Family Management Problems	None	Spanish Danish Finnish Norwegian
<u>Incredible Years - Parent Program</u>	The Incredible Years parent programs focus on strengthening parent-child interactions and relationships, reducing harsh discipline, and fostering parents' ability to promote children's social, emotional, and language development.	# of Sessions: Baby: 9 – 12 Toddler: 13 Preschool: 18 – 20 School Age: 12 – 20 Session Length: 2-3 Hours	Population: Parents/Guardians of Children 0-12 years: • 0 – 1 year: Baby program • 1 – 3 yrs.: Toddler Program • 3 – 6 yrs.: Preschool Program • 6 – 12 years: School Age Program Setting: School/Community IOM/NAM Designation: Universal/Selective/ Indicated	<u>Risk Factors</u> ○ Family Management Problems ○ Early Initiation (K – 5) of Problem Behavior	None	Spanish French Danish Finnish Norwegian Dutch Swedish Russian Estonian Portuguese Chinese

<u>Keepin' it Real</u>	Keepin' it REAL is designed to help students assess the risks associated with substance abuse, enhance decision making and resistance strategies, improve antidrug normative beliefs and attitudes, and reduce substance use. The curriculum places special emphasis on resistance strategies represented in the acronym REAL: Refuse offers to use substances, Explain why you do not want to use substances, Avoid situations in which substances are used, and Leave situations in which substances are used.	# of Sessions: 10 Session Length: 45 Min.	Population: Middle School Setting: School IOM/NAM Designation: Universal	None	Alcohol Cannabis	English Spanish
<u>Life Skills Training (LST) - Elementary</u>	LifeSkills Training (LST) is a school-based program has outcomes for early intation of problems behaviors and social skills. LST is based on both the social influence and competence enhancement models of prevention.	# of Sessions: 8 Session Length: 30-45 minutes	Population: Elementary Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factor: ○ Early Initiation (K – 5) of Problem Behavior	None	English
<u>Life Skills Training (LST) - Middle School</u>	LifeSkills Training (LST) aims to prevent alcohol and cannabis use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.	# of Sessions: ▪Foundation Level 1 (Ideally in grades 6/7): 15 class sessions (plus 3 optional) ▪Booster Level 2 (only implemented after level 1): 10 class sessions (plus 2 optional), ▪Booster Level 3 (only	Population: Middle School Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factors: ○ Early Initiation of Drug Use ○ Perceived Risk of Drug Use	Alcohol Cannabis Opioids	English

		implemented after level 2): 5 class sessions (plus 4 optional) Session Length: 45-50 minutes				
<u>Life Skills Training (LST) – High School</u>	The Botvin LifeSkills Training (LST) High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in grades 9 or 10. The program is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.	# of Sessions: 10 Session Length: 45 minutes	Population: High School – 9 th or 10 th grade only Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills	Alcohol Cannabis	English
<u>Lions Quest – Skills for Adolescence</u>	Lions Quest Skills for Adolescence (SFA) is a universal and comprehensive curriculum for students in grades 6–8 with the aim of fostering a positive learning environment, teaching social and emotional skills, promoting prosocial behavior, and preventing cannabis use.	# of Sessions: 34 Session Length: 45 minutes	Population: Grades 6-8 Setting: School and Classroom IOM/NAM Designation: Selective	Protective Factor: ○ Social Skills	Cannabis	English Spanish
<u>Olweus Bullying Prevention</u>	OBPP is used at the school, classroom, and individual levels and includes methods to reach out to parents and the community for involvement and support. These efforts are designed to improve peer relations and make the school a safer and more positive place for students to learn and develop.	# of Sessions: NA Session Length: X	Population: Ages 6-18 Setting: School IOM/NAM Designation: Universal	Risk Factor: ○ Early initiation (K – 5) of Problem Behavior	Alcohol Cannabis	English Spanish
<u>Parenting Wisely</u>	Parenting Wisely is a set of interactive, computer-based training programs for parents of children ages 3-18 years. Based on social	# of Sessions: 9	Population: Ages 3-18 + Parents/Guardians	Protective Factor: ○ Family Opportunities for Prosocial Involvement	None	English Spanish

	learning, cognitive behavioral, and family systems theories, the programs aim to increase parental communication and disciplinary skills.	Session Length: X	Setting: Online, Computer IOM/NAM Designation: Universal /Selective	Risk Factors: <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management ○ Early Initiation (K – 5) of Problem Behavior 		
<u>PATHS</u>	The PATHS curriculum is a comprehensive program for promoting emotional and social competencies and reducing aggression and behavior problems in elementary school-aged children while simultaneously enhancing the educational process in the classroom. Although primarily focused on the school and classroom settings, information and activities are also included for use with parents.	# of Sessions: 44 Session Length: 30 Min.	Population: Preschool & Kindergarten Setting: School IOM/NAM Designation: Universal	Protective Factor: <ul style="list-style-type: none"> ○ Social Skills Risk Factors: <ul style="list-style-type: none"> ○ Academic Failure ○ Early Initiation (K-5) of Problem Behavior 	None	English Spanish French
<u>PAX Good Behavior Game</u>	PAX Good Behavior Game (GBG) classroom behavior. management strategy for elementary school integrated into standard curricula. GBG uses a game format with teams with rewards for pro-social behavior. Provider is the “coach” and capacity builder.	# of Sessions: N/A Session Length: Up to 20 minutes depending on age (longer for older kids)	Population: Ages 5-12 Setting: School IOM/NAM Designation: Universal	Risk Factor: <ul style="list-style-type: none"> ○ Early Initiation (K-5) of Problem Behavior 	Long term: Alcohol Drugs	English
<u>Positive Action – Elementary School</u>	Positive Action is a systematic educational program that promotes an intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions.	# of Sessions: 55 lessons Session Length: 15 - 20 minutes per lesson	Population: Elementary School Setting: School IOM/NAM Designation: Universal	Risk Factors: <ul style="list-style-type: none"> ○ Academic Failure ○ Low Commitment to School ○ Early Initiation of Problem Behavior 	Alcohol Drugs	(Bilingual English/Spanish) program materials

<u>Positive Action - Middle School</u>	Positive Action is a systematic educational program that promotes an intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions.	# of Sessions: 35 lessons Session Length: 15 - 20 minutes per lesson	Population: Middle School Setting: School IOM/NAM Designation: Universal	Risk Factors: ○ Academic Failure ○ Low Commitment to School	Alcohol Drugs	English Spanish
<u>Preventure</u>	Preventure is a school-based intervention aimed to reduce drug and alcohol use while improving emotional well-being. Students who demonstrate certain personality profiles as identified through a screening questionnaire participate in a two 90-minute workshop. The workshops focus on motivating teens to understand their personality type that may lead to certain emotional or behavioral reactions.	# of sessions: 2 Session Length: 90 minutes	Population: Ages 12-17 Setting: School IOM/NAM Designation: Selective	None	Alcohol Cannabis Illicit drugs	Spanish French
<u>Project Towards No Drug (TND) Abuse</u>	Project Towards No Drug Abuse (Project TND) is a drug use prevention program for high school youth. The current version of the curriculum is designed to help students develop self-control and communication skills, acquire resources that help them resist drug use, improve decision making strategies, and develop the motivation to not use drugs. It is packaged in 12 40-minute interactive sessions to be taught by teachers or health educators.	# of Sessions: 12 Session Length: 40-50 Mins.	Population: Ages 13-17 Setting: School IOM/NAM Designation: Universal/Selective	None	Drugs	English Spanish)
Protecting You/Protecting Me	Protecting You/Protecting Me (PY/PM) is a 5-year classroom-based alcohol use prevention and vehicle safety program for elementary school students in	# of Sessions: 8 Session Length:	Population: Ages 6-11 Setting: School	Risk Factor: ○ Perceived Risk of Drug Use	None	English

	grades 1-5 (ages 6-11) and high school students in grades 11 and 12. The program aims to reduce alcohol-related injuries and death among children and youth due to underage alcohol use and riding in vehicles with drivers who are not alcohol free.	20-40 Min.	IOM/NAM Designation: Universal			
Refuse, Remove, Reasons High School Education	Refuse, Remove, Reasons High School Education Program (RRR) is a substance use prevention program that is designed to decrease their misperception of normative peer AOD use; and increase their refusal skills for AOD use.	# of Sessions: 5 Session Length: Varies	Population: Ages 13-17 Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factor: ○ Perceived Risk of Drug Use	Cannabis	English
Responding in Peace & Positive Ways (RIPP)	Responding in Peaceful and Positive Ways (RIPP) is a school-based, violence prevention program for middle school students, which teaches skills for positive communication. RIPP is a primary prevention program intended for all students rather than for only those who are at a higher risk for violence.	# of Sessions: 16 Session Length: 50 Min.	Population: Middle School Setting: School IOM/NAM Designation: Universal	Risk Factors: ○ Low Commitment to School ○ Engage in Other Problem Behavior	None	English
Second Step - Elementary Grades K-5	Second Step–Elementary is a universal, classroom-based program for children in kindergarten through fifth grade, which is designed to increase school success and decrease problem behaviors by promoting social–emotional competence and self-regulation. The Second Step program consists of a skills-focused, social–emotional learning (SEL) curriculum that emphasizes	# of Sessions: K: 25 Grades 1-5: 22 Session Length: 20-40 Min.	Population: K-5th Grade Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factor: ○ Early Initiation (K – 5) of Problem Behavior	None	English Spanish French

	skills that strengthen students' ability to learn, have empathy, manage emotions, and solve problems.					
<u>Second Step - Middle School Grades 6-9</u>	The Second Step Middle School program is a universal, classroom-based intervention for children in grades six through eight, which is designed to decrease problem behaviors by promoting social-emotional competence. The Second Step program consists of a skills-focused, social-emotional learning (SEL) curriculum that emphasizes directly teaching students how to strengthen their ability to learn, have empathy, manage emotions, and solve problems.	# of Sessions: 26 Session Length: 25 Min.	Population: Middle School Setting: School IOM/NAM Designation: Universal	Risk Factor: ○ Engage in Other Problem Behavior	None	English Spanish French
<u>SPORT (Alcohol/Drug) Prevention Plus Wellness – High School</u>	SPORT Prevention Plus Wellness, a motivational intervention designed for use by all adolescents, integrates substance use prevention with health promotion to help adolescents minimize and avoid substances while increasing physical activity and other health-enhancing habits, including eating well and getting adequate sleep.	# of Sessions: 1 Session Length: X	Population: Ages 14-18 Setting: Home, School, and other community settings IOM/NAM Designation: Universal	Protective Factor: ○ Family Opportunities for Prosocial Involvement Risk Factors: ○ Early Initiation of Drug Use ○ Perceived Risk of Drug Use	Alcohol Drugs	English Spanish
<u>Staying Connected w/Your Teen</u>	Staying Connected with Your Teen is a video- and workshop-based program that get parents and teens working together to enhance communication and family management practices and decrease conflict.	# and Length of Sessions: Six 2-hour workshops (or) Two 6 Hour workshops	Population: Parents/Guardians of ages 12-17 Setting: Community IOM/NAM Designation: Universal	Risk Factors: ○ Family Conflict ○ Family Management	Drugs Alcohol	English Spanish

<u>Strengthening Families Program (Orig.)</u>	The Strengthening Families Program (SFP) is a family skills training program designed to increase the perceived risk of drug use. SFP comprises three life-skills courses delivered in 14 weekly, 2-hour sessions.	# of Sessions: 14 Session Length: 2 Hours	Population: Ages 3-16 + Parents/Guardians Setting: Home and School IOM/NAM Designation: Universal / Selective	Risk Factor: ○ Perceived Risk of Drug Use	Alcohol Cannabis	English Spanish
<u>Strengthening Families Program - 10-14</u>	The Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14) is a family skills training intervention designed to enhance school success and reduce youth substance use and aggression among 10- to 14-year-olds.	# of Sessions: 7 Session Length: 2 hours	Population: Ages 10-14 + Parents/Guardians Setting: School IOM/NAM Designation: Universal	Risk Factor: ○ Early Initiation of Drug Use	Alcohol Cannabis	English Spanish
<u>Strong African American Families Program</u>	The Strong African American Families (SAAF) Program is a culturally personalized, family-centered intervention for African American youth, and their caregivers. SAAF is based on a developmental model of processes through which program participation has been shown to protect African American (AA) youth from the initiation and escalation of risk behaviors.	# of Sessions: 7 Session Length: 2 Hours	Population: African American/ Black youth aged 10-14 & their caregivers Setting: Family and other community settings IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factors ○ Family Management Problems ○ Parental Attitudes Favorable Towards Drugs ○ Early Initiation of Drug Use ○ Favorable Attitudes Towards Drugs ○	Alcohol	English
<u>Support for Students Exposed to Trauma (SSET)</u>	SSET is a school-based group intervention for students who have exposed to traumatic events designed to teach cognitive and behavioral skills, such as problem solving, psychoeducation, and relaxation.	# of Sessions: 10 Session Length: 45 minutes	Population: Ages 10-14 Setting: School IOM/NAM Designation: Selective/ Indicated	Risk Factors ○ Depression ○ Problem Behavior	None	English Spanish

Teen Intervene	Teen Intervene is a brief, early intervention program for 12- to 19-year-olds who display the early stages of alcohol involvement. Integrating stages of change theory, motivational enhancement, and cognitive-behavioral therapy, the intervention aims to help teens reduce and ultimately eliminate their substance use.	# of Sessions: 3 Session Length: 1 Hour	Population: Ages 12-19 Setting: School and Outpatient IOM/NAM Designation: Indicated	Protective Factor: ○ Social Skills Risk Factor: ○ Perceived Risk of Drug Use	Alcohol	English Spanish
Too Good For Drugs (TGFD) - Elementary	Too Good for Drugs (TGFD) is a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these age groups.	# of Sessions: 10 Session Length: 30 mins - 1 Hour	Population: K-5th Grade Setting: School IOM/NAM Designation: Universal	Protective Factors: ○ School Opportunities for Prosocial Involvement ○ Social Skills Risk Factors: ○ Early Initiation of (K-5) of Problem Behavior ○ Perceived Risk of Drug Use	None	English Spanish
Too Good For Drugs (TGFD) - Middle School	Too Good for Drugs (TGFD) is a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. The program is designed to benefit everyone in the school by providing needed education in social and emotional competencies and by reducing risk factors and building protective factors that affect students in these	# of Sessions: 10 Session Length: 1 Hour	Population: Middle School Setting: School IOM/NAM Designation: Universal	Protective Factors ○ School Opportunities for Prosocial Involvement ○ Social Skills Risk Factors: ○ Academic Failure ○ Perceived Risk of Drug Use ○ Favorable Attitudes Towards Drug Use	Alcohol Cannabis	English Spanish

	age groups.					
<u>Too Good For Violence (TGFV)Elementary/Middle School</u>	Too Good for Violence (TGFV) is designed to enhance prosocial behaviors and skills and improve protective factors related to conflict and violence.	# of Sessions: 10 Session Length: 30-50 Mins.	Population: K-8 th Setting: School IOM/NAM Designation: Universal	Protective Factors: ○ Social Skills ○ Prosocial Involvement Risk Factor: ○ Early Initiation (K-5) of Problem Behavior	None	English Spanish
<u>Too Good for Drugs & Violence (TGFDV) - High School</u>	Too Good for Drugs & Violence High School (TGFDV-HS) is a school-based, universal substance abuse prevention program that is designed to teach students skills and attitudes that enhance well-being..	# of Sessions: 15 Session Length: 1 Hour	Population: Ages 13-17 Setting: School IOM/NAM Designation: Universal	Protective Factor: ○ Social Skills Risk Factors: ○ Parental Attitudes Favorable Towards Drugs ○ Attitudes Toward Drug Use ○ Friends Who Use Drugs ○ Perceived Risk of Drug Use	None	English Spanish
<u>Triple P – Positive Parenting Program [Level 2 – Selected; Ages 0 – 12]</u>	Triple P – Positive Parenting Program [Level 2 – Selected Triple P] are seminars for parents interested in general information about promoting their child's development.	# of Sessions: 3 Session Length: 1.5 hours	Population: Parents/Guardians of 0-12 yrs Setting: Community IOM/NAM Designation: Universal	Risk Factors: ○ Family Conflict ○ Family Management Problems ○ Family History of Problem Behavior ○ Early Initiation (K – 5) of Problem Behavior	None	English French Arabic Greek Malay Romanian Indonesian Berber Turkish

Triple P – Positive Parenting Program [Level 3 Group; Ages 0 – 12]	<p>Triple P – Positive Parenting Program [Level 3 Group] is a small group intervention for parents of children 0 to 12 years old. It aims to prevent problems before they arise and to create family environments that encourage a child’s healthy development.</p>	<p># of Sessions: 5</p> <p>Session Length: 2 hours</p>	<p>Population: Parents/Guardians of 0-12 yrs</p> <p>Setting: Community</p> <p>IOM/NAM Designation: Universal</p>	<p>Protective Factors:</p> <ul style="list-style-type: none"> ○ Social Skills (stress management) ○ Prosocial Involvement <p>Risk Factors:</p> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ Family History of Problem Behaviors ○ Depressive Symptoms 	<p>None</p>	<p>English French Arabic Greek Malay Romanian Indonesian Berber Turkish</p>
Triple P – Positive Parenting Program [Level 3 Group; Teen]	<p>The Teen Triple P Discussion Group Series includes parent discussion groups on commonly encountered problems such as getting teenagers to cooperate, coping with teenagers’ emotions, reducing family conflict. The discussion groups are designed to provide an overview of the positive parenting principles for all parents who are interested.</p>	<p># of Sessions: 4</p> <p>Session Length: 2 hours</p>	<p>Population: Parents/Guardians of teens</p> <p>Setting: Community</p> <p>IOM/NAM Designation: Universal</p>	<p>Risk Factors:</p> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems 	<p>None</p>	<p>English French Arabic Greek Malay Romanian Indonesian Berber Turkish</p>
Triple P – Positive Parenting Program [Level 4 Group; Ages 0 – 12]	<p>Small group intervention for parents of children 0 to 12 years old. This version is for parents with concerns about their child’s behavior who require intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply to multiple contexts.</p>	<p># of Sessions: 5 x 2-hour group sessions + 3 x 20-minute individual telephone consultations</p> <p>Session Length: 2-hour group sessions 20-minute individual phone consultations</p>	<p>Population: Parents/Guardians of 0-12 yrs</p> <p>Setting: Community</p> <p>IOM/NAM Designation: Universal</p>	<p>Protective Factors:</p> <ul style="list-style-type: none"> ○ Social Skills <p>Risk Factors:</p> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ Early Initiation (K – 5) of Problem Behavior 	<p>None</p>	<p>English French Arabic Greek Malay Romanian Indonesian Berber Turkish</p>

<p>Triple P – Positive Parenting Program [Level 4 Group; Teen]</p>	<p>Small group intervention for parents of teens. This version is for parents with concerns about their teen’s behavior who require intensive training in positive parenting or those who wish to learn a variety of parenting skills to apply to multiple contexts.</p>	<p># of Sessions: 5 x 2-hour group sessions + 3 x 20-minute individual telephone consultations</p> <p>Session Length: 2-hour group sessions 20-minute individual phone consultations</p>	<p>Population: Parents/Guardians of teens</p> <p>Setting: Community</p> <p>IOM/NAM Designation: Universal</p>	<p>Protective Factors:</p> <ul style="list-style-type: none"> ○ Social Skills <p>Risk Factors:</p> <ul style="list-style-type: none"> ○ Family Conflict ○ Family Management Problems ○ 	<p>None</p>	<p>English French Arabic Greek Malay Romanian Indonesian Berber Turkish</p>
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